

The A.D.A.P.T. Approach

“The word most essential to a teacher’s success is A.D.A.P.T.!”

-Leslie Rob

- Adjust - adjust to suit the individual, not the group. Constantly readjust and reevaluate. Don't make your plans the priority.
- Deviate - deviate from taking things personally and trying to control everything.
- Authentic - be real with the kids! Give them an authentic experience. Share yourself with them. Stop competing and comparing yourself to other teachers.
- Potential - see the possible potential when policing and punishing.
- Time - take the time to ensure all students are seen. Make sure you're fully present.